(A sample for Band Camp in Cabins—at a college campus, much less is needed)

Packing List for Camp

1. *All* equipment: instrument/sticks/reeds/ music/ flags/poles/rifles/etc.

2. Pencils/highlighters for your drill coordinates

3. Pillow and one set of sheets & blanket or sleeping bag. The camp gets cold at night.

4. Towels (beach & bath) and wash cloth

5. Deodorant (please!), soap, shampoo, toothbrush & toothpaste, other personal articles

6. Plenty of t-shirts (so you can change often),

comfortable shorts, swimsuit, sweatshirt,

underwear, jacket, long pants, etc.

7. Appropriate footwear: 2 pairs of gym shoes (an old pair for morning practices in the dew), and flip-flops for the shower

8. Bring lots of athletic socks (enough to change into when they get wet). Athletic socks must be worn to prevent blisters. Bring enough to change often to keep your feet cool and clean. Veterans suggest twice as many as you think you’ll need!

9. Band-Aids for those who do not wear proper socks or do not have comfortable shoes.

10. Bag for dirty clothes

11. Hat(s) to block sun exposure

12. Sunglasses and sunscreen

13. Insect repellant (definitely needed for night rehearsals). Don’t forget the anti-itch lotion.

14. Gold Bond for guys (ask Mr. M.)

15. Water bottle/canteen for on-field practices

16. Games (cards, board games) for free time.

17. Snacks: You can bring your own cooler and ice is available in the kitchen. Individual plastic bottles of juice drinks are very refreshing.

Any food items should be sent in re-seal able plastic containers or Ziploc bags. Remember you are camping in cabins surrounded by woods filled with all of nature’s critters, not to mention hungry band directors who like to scavenge for food from home.

How to Have A Safe

& Happy Camp

* Please limit the use of hair dryers, curling irons, radio/CD players, etc. and shut off when not in use to avoid blown circuits/fuses.
* **No** refrigerators, TV’s, or large stereo systems permitted.
* **No** rollerblading or skateboarding due to camp insurance liability.
* Label **everything** that you bring to camp.
* We are limited by space for transporting students, instruments, equipment, etc. via buses and our trucks.
* Each student is guaranteed transportation of 1 suitcase, sleeping bag/bed linens, their instrument, a carry-on bag (that means you carry it on with you on the bus) and fans. Other items will be loaded if space is available.
* Anything else must be transported by parents.
* If you have questions about bringing something to camp that is not covered in this newsletter, you must check with Mr. M. prior to camp for approval.
* **All property is brought to the camp at your own risk. The camp, CHS Band and staff assume no liability for lost, damaged, or missing items. Therefore, it is recommended that if you don’t absolutely have to have it, don’t bring it!**

Band Nurse Notes:

**Medication**—All medicine needed for camp

must be in a sealed plastic bag in its original

container. A completed Medication/ Procedure

Request form (available on CHS Band Website)

signed by your physician must accompany any

medication. Mark your child’s name clearly on

the bag and bring it the parent meeting on July

22.

Special thanks to Mrs. C. who has volunteered

to help our kids… call or email her if

you have any concerns—123-4567 or

[mrs.c@abc.com](mailto:mrs.c@abc.com).